

CAPTS

Cardin Association of Parents, Teachers and Students

August 18, 2011

Dear Cardin Community,

We are once again offering a hot lunch program for Cardin students. The first lunch order will be for September and October.

- Tuesday lunches will be from Mama Leah's with choices of pizza, side salad, and/or meal sized Garden or Greek salad.
- Wednesday lunches will be sushi from Accents with choices of veggie or fish rolls listed below.
- Thursday lunches will be from Accents with choices of Falafel with pita and sides/ Baked Ziti with garlic bread/Lasagna with garlic bread and a variety of wraps and salads. Choices of hot meals are indicated on the menus, choices of wraps and salads are listed below.

Please follow the directions below and return the completed forms to the Cardin office along with your check made payable to: **The Shoshana S. Cardin School** by Monday, August 29, 2011. Please note that a \$10.00 late fee per order will be required for any order received after the deadline.

Please e-mail me with any questions. Thank you for your support!

Ginny Salzberg gsalz1@verizon.net

Directions for completing the hot lunch calendar:

Please write your name on the line provided at the top of the page.

Tuesdays: Pizza is \$2.50 per slice. The side salad is \$2.50 and meal-sized Garden or Greek Salad is \$6.00. Please indicate the number of slices of pizza you wish to order and/or check the appropriate line for a salad. For the large salad indicate whether you would like Garden or Greek.

Wednesdays: Veggie Rolls are \$5.50 per roll and Fish Rolls are \$6.00 per roll. Please indicate which type of roll you wish to order. The sushi choices are:

- Veggie Rolls: Vegetable Roll, Avocado Roll, Asparagus Roll
- Fish Rolls: Tuna Roll, Salmon Roll, Spicy Tuna Roll, Spicy Salmon Roll

Thursdays: All meals are \$6.00. Please place a check mark next to falafel/lasagna/baked ziti, or indicate which type of wrap or salad on the line following those choices. Choices are:

- Wraps: Tuna Wrap, Egg Salad Wrap, Grilled Vegetable Wrap
- Salads: Garden Salad with Light Italian Dressing, Spinach Health Salad with Poppy Seed Vinaigrette, Caesar Salad

Total food and dollar amount at bottom of each sheet in spaces provided.

Total entire dollar amount enclosed at bottom of October sheet.